



## Supportive Living Accommodation

For over 47 years, MCF Housing for Seniors has been providing a caring, compassionate, and safe environment for Calgary's seniors needing affordable housing and services. MCF Housing for Seniors provides a variety of accommodations through a continuum of independent and supportive living options.

### **The top six reasons why seniors move into a supportive living environment include:**

1. Cannot manage their home
2. Financial difficulties managing rental rates and cost of home maintenance
3. Health challenges
4. Isolation
5. Mobility issues (climbing stairs)
6. Difficulty with cooking and housekeeping

Seniors who live in a supportive living accommodation have many of their physical needs met while maintaining an independent lifestyle. Nutritious meals, housekeeping, and social activities are provided in every MCF lodge accommodation.

Family members or friends are required to provide support to seniors who need assistance with day-to-day tasks such as scheduling or taking the senior to appointments, coordinating home care, or help staying connected with the world outside the lodge.

## Rent Geared to Income

MCF uses a Rent Geared to Income program (RGI) which calculates rents using Line 150 of the applicant's most recent income tax return. All MCF supportive living lodges have a minimum rent that is calculated on the maximum government pensions available to seniors in Alberta. The RGI percentage varies from lodge to lodge and is based on room size and amenities.

Rent includes accommodation, three meals and refreshments daily, weekly housekeeping, linens, 24-hour non-medical staffing and an activity program.

Optional charges are paid to MCF for three-tier cable television at a reduced bulk rate and for parking with a plug-in.

Tenant income information is collected and reviewed annually by MCF and any subsequent rent changes are made.

## Eligibility Requirements

All single applicants to an MCF supported living accommodation must be a Canadian citizen, a minimum of 65 years old and be a resident of Canada for the past 10 consecutive years. For couples, one applicant must be 65 years old or over and the other must be at least 60 years old.

All applicants must be able to manage their own self-care including dressing taking medications and getting to meals without assistance. Some home care assistance is acceptable.

Tenants must be able to live in a group setting in a social, respectful and amicable way.



## Application

Anyone who meets the eligibility criteria can apply for housing with MCF.

### **The application has three parts:**

- MCF personal information form
- MCF medical form
- Applicant's most recent year tax assessment notice showing Line 150

All forms must be completed and received by MCF before the applicant will be considered as a tenant.

### **How can I apply?**

Applications can be picked up at any lodge or downloaded from the MCF website at [www.mcfhousing.com](http://www.mcfhousing.com) under "Housing". Completed applications can be mailed, faxed, or dropped off to MCF. It is the applicant's responsibility to confirm MCF has received their application.

## Application Process

Once the completed application form is received along with the medical form and income tax assessment, the applicant is then priority rated according to the Provincial Government Priority Rating Guidelines and placed on a wait list.

MCF will contact the applicant when a placement is available. If the applicant is interested in the available unit, they will be required to make an appointment with the Facility Manager or their designate for a personal tour of the unit. The final determination of eligibility includes the tour and a personal interview with MCF Placement.

MCF Housing for Seniors is obligated to protect private information.

## SUPPORTIVE LIVING PROGRAM



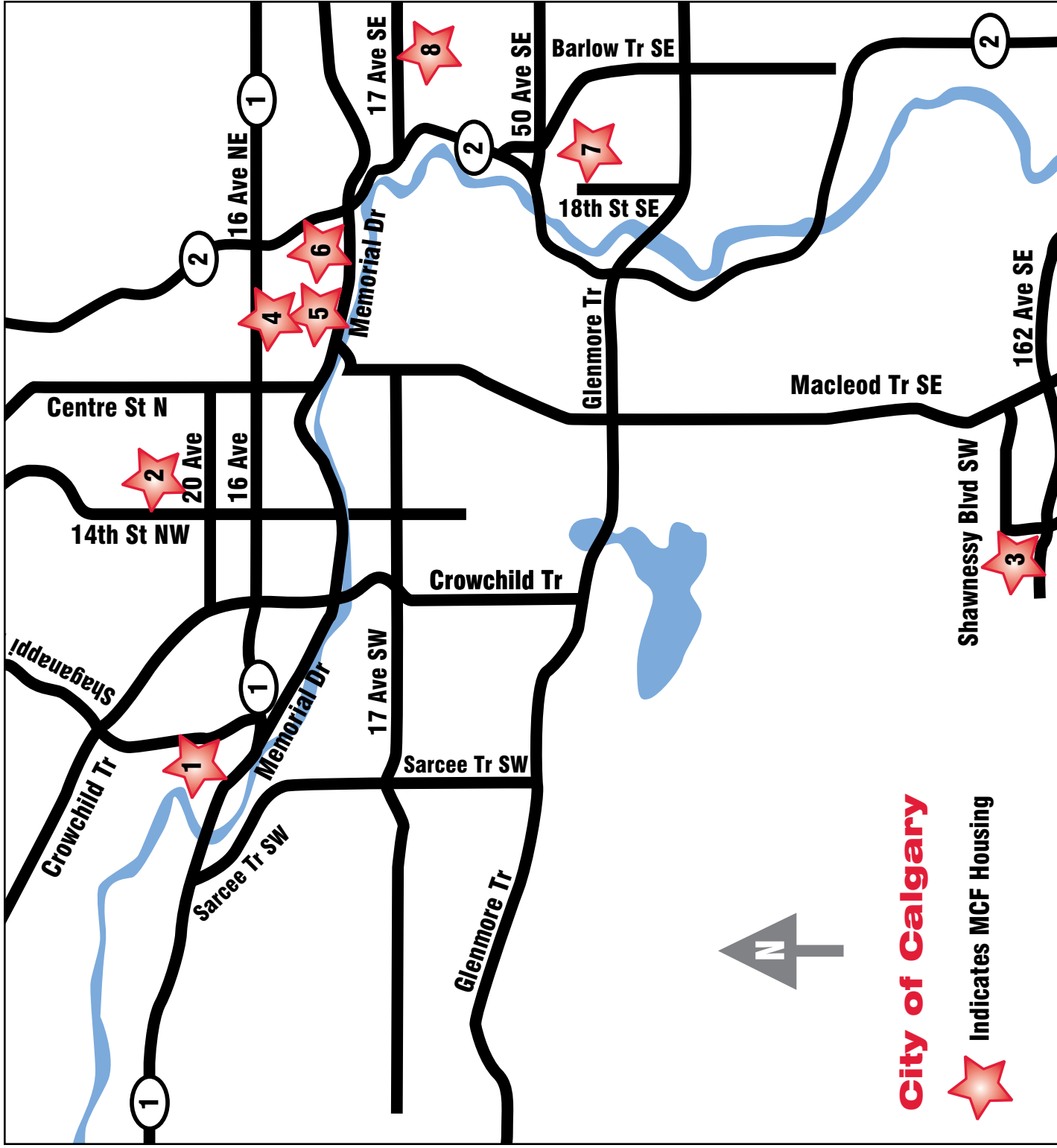
**"When I come back from being out, I come home."**

- MCF lodge resident



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Location	Address	Features	Rent Geared to Income (RGI) *	Phone
<b>Northwest Locations</b>				
1. Shouldice Lodge	4730 19 Ave NW (Montgomery)	Full bath in resident rooms	Singles: start at 68% RGI Couples: 65% RGI	403-288-7977
2. Confederation Park Lodge	1320 21 Ave NW (Confederation Park)	½ bath in suite; shared bathing facilities on each wing	Singles: start at 58% Couples: start at 62% - 66%	403-282-6060
<b>Southwest Locations</b>				
3. Shawnessy Lodge	30 Shannon Place SW (Shawnessy)	Full bath in resident rooms	Singles: 72% RGI Couples: 66% RGI	403-256-4036
<b>Northeast Locations</b>				
4. Bow Valley Lodge	1020 Bow Valley Dr NE (Bridgeland)	Full bath in resident rooms	Singles: start at 68% RGI Couples: 65% RGI	403-264-6455
5. Spruce Lodge	1055 Bow Valley Dr NE (Bridgeland)	Full bath in resident rooms. Barrier free units available for applicants meeting MCF barrier free criteria	Singles: start at 71% RGI Couples: 66% RGI Barrier free: 73% RGI	403-266-2630
6. Aspen Lodge	1171 Bow Valley Lane NE (Bridgeland)	Full bath in resident rooms. Barrier free units available for applicants meeting MCF barrier free criteria	Singles: start at 71% RGI Couples: 66% RGI Barrier free: 73% RGI	403-265-2090
<b>Southeast Locations</b>				
7. Beaverdam Lodge	2012 66 Ave SE (Lynnwood)	Full bath in resident rooms	Singles: start at 68% RGI Couples: 65% RGI	403-279-4623
8. Valleyview Lodge	2736 19 Ave SE (Southview)	½ bath in suite; shared bathing facilities on each wing	Singles: start at 58% RGI Couples: 66% RGI	403-248-1626

\*A minimum rent applies to all lodge accommodations. Lodge accommodation information and rates effective June 1, 2010